

Hiking options within reach of our district

Compiled by Stan Jarvis

Point-to-Point Hikes

Alta to Mineral Flats. Take State Rd. 210 up Little Cottonwood Canyon to the Main Alta parking lot. Trail starts at SE corner and goes up towards Secret Lake. Hike the access road before/above the lake up to the saddle. Great view of the valley. Proceed down the other side into Mineral Basin, then up to Pittsburgh Lake as an option. Finish on the road with a pickup at Dutchman's Flat up American Fork Canyon, about 5 miles up the dirt road from Tibble Fork Reservoir. (*beautiful with moderate crowds.*)

Guardsman's Pass – Great Western Trail From up Big Cottonwood canyon then state road 152 to the saddle, you can hike North along the ridge to exit at Camp Tracy in Millcreek Canyon or South to the trailhead at the summit of the Alpine Loop, SR 92 at the junction to Cascade springs. (*busy w/little water*)

Butterfield Canyon – Cedar Fort West on 12400 S thru Herriman up Butterfield canyon to saddle. Trail starts upward-not level- on South. Go to top of Butterfield Peak then Lowe. Drop down Fourmile canyon to Cedar Fort or continue over Lewiston Peak to hit the road leading to Mercur (*high, dry & lonely*)

Castle Dale – Muddy Creek Take US 6 to Price, then SR 10 to Castledale to I70 exit on San Rafael road towards Hondo Arch. Put in above canyon with takeout below the Arch. Look at maps carefully (*long ways away, a super slot canyon, but dangerous in rainy weather*)

Provo Peak Trailheads include behind the Provo Temple at entrance to Rock Canyon, the end of the pavement on the squaw peak road off US 189 in Provo Canyon and South of Vivian Park near pavement's end on South Fork of Provo River. (*Beautiful but very vertical*)

Loop Hikes

South Willow Canyon – Deseret Peak I-80 and SR138 to Grantsville, then South to SR 171 in South Willow Canyon beyond Boy Scout campground to trailhead. Go over the summit and come back via the lake. (*uncrowded but very vertical Wilderness.*)

Timpanogos Peak I-15 to SR92 up to Timpanoeke trailhead. 20-mile roundtrip day hike to summit, sliding down the glacier to Emerald Lake then return. This is better than the Aspen trail version but just as heavily used. (*Wilderness area*)

White Pine trailhead Take SR 210 up Little Cottonwood Canyon to the White Pine trailhead below Snowbird. Follow the trails to Red Pine Lake. Some camping sites there or above at the upper lakes. Diagonal to SW to saddle, then hike the rock fin over to climb the Pfeiferhorn. Several ways back but retracing the path is the easiest. (*First rate experience, but the Pfeiferhorn rock fin can be intimidating*)

Diamond Fork Canyon I-15 to US 89 to SR029 (Diamond Fork). Pass the Palmyra and Diamond Fork campgrounds & the moon's hollow trailhead to get to the 5 forks trailhead. Most troops hike in 100 yards to cross the bridge into the campground, then hike up the next morning. Winter Saturday mornings finds 2-5 troops 1 ½ hours up the trail soaking in the 8 Hot Pots. (*Fun, but not recommended any other time.*)

Upper Provo River peaks & lakes Kamas to SR150, Mirror Lake Highway. In vicinity of Trial Lake trail heads go to a hundred lakes. You can go to one, do a big or small loop or cross the area and exit at Smith & Morehouse campground. (*Pretty, but among the most heavily used forest areas in Utah.*)

Two Troop - pass in the middle hikes

Willow Creek has one trailhead near the Strawberry Reservoir dam and the other at the top of the canyon.

Great Western Trail has many stretches of the that would also work well.

Urban hikes

Provo Canyon from Vivian Park to University Diagonal in Provo. Follow the route of the Heber Creeper starting downtown and ending up the canyon or vice versa. Very popular with hikers, bikers & skaters all year around. 10 miles from Center Street to Vivian Park.

Jordan River Parkway Start at Utah Lake and follow paved parkway all the way downtown 10 miles at a time. (From Bluffdale to 78th South, hike along 1300 West.) 10 mile increments between Utah Lake, Camp Williams veterans cemetery, Jordan River Temple, 45th South, Temple Square. In many places a surprisingly lovely gem.

Great Salt Lake – start at the state capitol ground, down through temple square then out North Temple (including bike/hike trail through the airport) all the way to Great Salt Lake State Park. Almost perfectly straight and level, it really gives an appreciation of what 20 miles is all about.

Bonneville Shoreline Trail – Hike from City Creek to Millcreek canyon above all the buildings on the mounsides. Also popular with mountain bikes

Butterfield Pass via UTA – take UTA bus to Tooele early Saturday morning. Get off downtown and hike up the canyon and over into Herriman. Hike the shoulders of the paved road sections then take to the trails to get away from the dirt sections. Great feeling of accomplishment. (see utabus.com for transit info)