

Golden Eagle District #15 May 2010 Theme for June "Hoop-De-Doo"



Jump ball! Free throw! This month, Cub Scouts will have opportunities to play basketball and learn about sportsmanship. Invite a Boy Scout who is a member of his school's basketball team to teach the boys the rules of the game. Hold a pack basketball tournament, making sure to balance out the teams with older and younger boys. It's a good time to start working on the Basketball belt loop and pin. Play other games with hoops.

The core value highlighted this month is:

- ✓ **Sportsmanship & Fitness**, Cub Scouts will develop better sportsmanship while playing games with others in the den and pack.
- ✓ **Personal Achievement**, Cub Scouts will feel a sense of accomplishment as they demonstrate their new skills on the court.
- ✓ **Respectful Relationships**, Through interactive games, Cub Scouts' ability to get along and play with others will be strengthened.

The core value highlighted this month is:

- ✓ **Health & Fitness**, Boys will learn the benefits of being fit and healthy when playing on a sports team.

A SPORTSMAN'S PRAYER

Dear God: Help me to be a sport in this little game of life. I don't ask for any easy place in the lineup, play me anywhere you need me. I only ask that I can give you 100 per cent of what I've got. If all the hard drives seem to come my way, I thank you for the compliment. Help me to remember that you won't ever let anything come my way that you and I can't handle. And help me take the bad breaks as part of the game. Help me to understand that the game is full of knocks and knots, and make me thankful for them.

O God, if fate seems to upper-cut me with both hands and I'm laid on the shelf in sickness of old age, help me to take that as part of the game too. Help me not to whimper or squeal that the game was a raw deal.

"When in the falling dusk I get the final bell, I ask for no lying complimentary stones, I'd only like to know you feel that I've been a good, game guy.

DISTRICT STAFF

Dennis Hansen 561-0147 Vice Chairman
Kathy Mills 280-3317 Roundtable Commissioner
Stace Briggs 280-0214 Assist. Commissioner
Deanne Pierce 282-8141 Committee
Audrey Burningham 530-9769 Committee
Linda Larsen 280-5013 Cubmaster
Virginia Reid 280-9523 Webelos
Todd Kindred 280-1117 Wolf/Bear Dens

OPENING CEREMONY: Hoop De Doo!

Materials: Nine posters, each with a letter that spells out Hoop De Doo! Text can be written on the back in large letters for boys to read.

Narrator: This month we have been learning about all kinds of hoops – here's what we discovered.

Cub #1: (Holds up "H" poster) "Hoops are Everywhere – in all sizes and colors, used many different ways."

Cub #2: (Holds up "O" poster) "OH, wow – here's my favorite – a Basketball Hoop. As a sport, it dates to 1891 at a YMCA training school in Massachusetts.

Cub #3: (Holds up another "O" poster) OUR American kids and adults have really enjoyed the Wham-O Company creation of the Hula Hoop!

Cub #4: (Holds up the "P") PLAYING with Bubbles is a lot more fun with a Hoop! Several American companies began to market bubbles in the 1940's.

Cub #5: (Holds up the "D" poster) DANCING with many hoops is a tradition in some Native American cultures – an exciting way to tell a story!

Cub #6: (Holds up the "E" poster) EVEN Fishermen sometimes use a hoop – along the Mississippi, a hoop net is used to catch fish for dinner!

Cub #7: (Holds up "D" poster) DREAM CATCHERS made by some Native American tribes were believed to catch and trap evil nightmares – and today many people enjoy them for their beauty.

Cub #8 – (Holds up an "O" Poster) "Here's my favorite hoop of all time – a chocolate doughnut with sprinkles!

Cub #9 – (Holds up final "O" poster) And where would we be without this Hoop? Cars and bikes and wheelbarrows and roller skates would be dead in their tracks!

Narrator: So what do you boys have to say about these American Hoops?

ALL boys: Hoop De Doo!

Narrator: The boys have shown you some favorite symbols of our American culture. Please prepare now to honor a very special symbol – The Stars & Stripes – our American Flag.



CALENDAR

May 15th - Basic Training – 8:00 A.M. - All Scout Leaders – 8841 South 4800 West. Remember to take This is Scouting before basic training so that you can earn your Trained patch.

May 21st – 22nd - Outdoor Leadership Skills Training – *Webelos leaders*

Jun 5th - District Webelos Day Hike

July 5th - West Jordan Parade

NO ROUNDTABLE IN JULY

September 17th, 18th - 2010 Council Jamboral @ Tooele County Deseret Peaks Complex. Cost is \$15.00 per person (if signed up by Sept. 3, 2010. \$20.00 after.) See Council website for more information.

JUST A REMINDER: LEAD A SONG

Unless you are an experienced choir leader or perhaps the concertmaster of your local symphony orchestra, the thought of standing in front of friends and neighbors and getting them to sing some silly song probably fills you with dread. *Join the club!*

How many of us watch in horror at Roundtables, when leaders take us through renditions of *B-I-N-G-O* or *Cub Scout Spirit* and we realize that we were expected to do something similar. What you need to do is be convinced that pack meetings should be fun – **a production, a show.**

Singing, is a great method for injecting fun and excitement into the program.

If songs are not a regular part of every pack meeting, then you may be missing an important element that could make your meetings more enjoyable and more effective. Songs are the great mood setters. I can't think a better way to get a bunch of Cub Scouts smiling and clapping than a few verses of *Alice the Camel* or *My Bonnie*.

How to Get Started

Try leading cheers and audience participation stories. A simple cheer like: I'll throw the neckerchief up in the air and everyone yell until it comes down. These activities promote an atmosphere where the boys and even the parents become used to following your lead. It then becomes an easy step to try in a simple song.

Pick easy songs with lots of repetition and simple tunes.

Do not attempt to introduce the theme with complicated lyrics.

They are difficult to teach and they detract from the main purpose of songs in Cub Scouting. Songs should be uproarious fun.

Getting Cubs (or any group) to sing takes mostly enthusiasm and a dose of confidence. Choose a song that you like and feel confident about. Never apologize or dismiss the song or your leadership. *The Cub Scout Song Book* is a great source of songs.

SONG: Take Me Out To The Ball Game
by: Jack Norworth and Albert Von Tilzer

Take me out to the ball game;
Take me out with the crowd.
Buy me some peanuts and cracker jack;
I don't care if I never get back.
Let me root, root, root for the home team;
If they don't win it's a shame.
For it's one, two, three strikes, you're out
At the old ball game.

SONG:

Bowlin', Bowlin, Bowlin'
San Gabriel Valley, Long Beach & Verdugo Hills Councils

(Tune: Rawhide)

Bowlin', Bowlin, Bowlin'
Keep those balls a rollin'
Keep those strikes a rollin', alright!
We're laughin' and a grinnin'
Cause our team is winnin'
Soon we'll be in first place.
Head 'em up, roll 'em down
Roll 'em down, make a strike
Make a strike, so we win, alright!
Roll 'em down, knock em off,
Get a mark, make a strike.
We're gonna win tonight!



DEN CHIEF RUN ONS

#1 What does the baseball pitcher do on his birthday?

#2 He throws a party!

#1 What do you get when you cross a lizard with a baseball player?

#2 I don't know.

#1 An outfielder that catches flies with his tongue!

#1 Why does it take longer to run from second base to third base than from first base to second base?

#2 Because there's a shortstop between second and third.

#1 How do baseball players stay cool?

#2 They sit next to their fans!

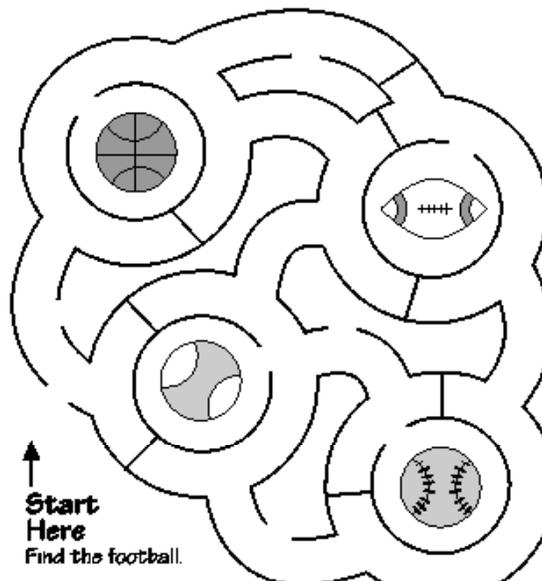
GAME: Dribble Ball

Equipment: A Ball and 3 or more empty 1- to 2-liter bottles per team

Setup: Arrange the bottles in a line, far enough apart so that players can dribble the ball between them.

Standing in teams, each person in turn dribbles the ball down the line of cones slalom fashion, either using their foot or a stick, and then straight back to the next man in their team.

If a bottle is knocked over, the player has to return to the start and begin again.



AWARDS CEREMONY: B-A-L-L-O-O-N

You can have fun, meaningful ceremonies that don't take a lot of time.

Call forward all those receiving a rank and hand them a balloon and a small plastic sword (you could give them a safety pin), accompanied by a few meaningful words about the badge.

Tell the boys to pop the balloons and voila - out pops a Wolf Badge!

Set Up –

- ✓ Get helium balloons for the number of boys advancing.
- ✓ Before blowing them up, insert the cloth badge of rank into them then blow them up.
- ✓ Decorate them to be sports balls: White for soccer, baseball or volleyball; orange for basketball; yellow for tennis. Use your imagination. Use the same type of ball for the same rank to help avoid confusion - especially if you have many boys who are advancing.

CUBMASTER MINUTE:

What Is a Good Sport?

A good sport - you hear a lot of talk about being a good sport, but just what does it mean? A good sport learns the rules so he will not break them. He competes with all his heart, striving to outclass his competitors. If he wins, he doesn't act smug, but instead compliments the losers for the fine job they did. If he loses, he accepts the fact and finds out why. Maybe he can win the next time. A good sport accepts defeat, congratulates the winners, learns how he can improve, and determines to do better the next time.

"Play the game – don't look on."

– Lord Robert Baden-Powell

One man can be a crucial ingredient on a team, but one man cannot make a team.

– Kareem Abdul-Jabbar

APPLAUSES:

Cub Scout Yell: Do Your Best! Shout! Shout! Shout! Tiger Cub! Wolf Cub! Bear Cub! Webelos Scout!

The Ball Applause: Hold any kind of ball in your hands. When you are holding the ball, everyone is quiet. When the ball leaves your hands, everyone goes wild and cheers. Try bouncing the ball, faking a throw, or tossing it to another person.

Home Run: Simulate swinging a bat, then shade your eyes with your hands and yell, "It's outta here!" "Way to go!!!"

Vault Applause: Stand two fingers of one hand on your other arm like legs. Run them down the arm to the wrist, then "jump" into the air. As you bring your hand down, clap.

Michael Jordan Applause: Pretend to slam dunk a basketball and yell 'Swoosh!'

Spirit cheer: Divide the group into two sections. The first section chants ' We've got spirit, yes we do! We've got spirit, how about you?' Then the first section points to the second group. The second group responds by yelling the chant even louder. Repeat two or three times.