



## GREAT SALT LAKE COUNCIL

# Teepee Talk

INDIAN SPRINGS DISTRICT NEWSLETTER

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### **Indian Springs District & Great Salt Lake Council Calendar of Events**

11 Jan University of Scouting @ Salt Lake Institute Building 24 Jan Heritage Society Recognition Dinner @ 7pm, Joseph Smith Memorial Bldg (Register by Friday, 17 Jan at http://www.gslc-bsa.org/event/2014-heritage-society-recognition-dinner/1464762) "Above and Beyond" District Recognition Dinner 31 Jan North Salt Lake Parkway Stake Annex, 6:30pm 31 Jan - 01 Feb Varsity Biathlon @ Fort Buenaventura (gates open at 3:30pm) \$7.50 per youth or adult, see http://www.gslc-bsa.org/event/1450984 01 Feb New Scout Patrol Winter Fun-O-Ree Session 1 @ Camp Tracy Nature Lodge See http://www.gslc-bsa.org/event/2014-winter-fun-o-ree-session-1-new-scouts/1430560 for more details. 02 Feb **Scout Sunday** 06 Feb Indian Springs District Roundtable @ Woods Cross North Stake Center, 7pm 07 - 08 Feb Indian Springs Klondike Derby @ Antelope Island 08 Feb New Scout Patrol Winter Fun-O-Ree Session 2 @ Camp Tracy Nature Lodge See http://www.gslc-bsa.org/event/2014-winter-fun-o-ree-session-2-new-scouts/1430562 for more details. 15 Feb New Scout Patrol Winter Fun-O-Ree Session 3 @ Camp Tracy Nature Lodge See http://www.gslc-bsa.org/event/2014-winter-fun-o-ree-session-3-new-scouts/1430568 for more details. 22 Feb College of Commissioner Science @ Salt Lake Institute Building 06 Mar Indian Springs District Roundtable @ Woods Cross North Stake Center, 7pm 22 Mar Scouting for Food 29 Mar Ticket Sales Kickoff for Utah Scouting Expo (formerly Scout-O-Rama) Utah Scouting Expo (formerly Scout-O-Rama) 17 May 12 - 14 Jun Varsity Big Event (check-in and set-up on 11 Jun) 19 Jul Varsity On Target

Details may be found in attached flyers or visit the council website at <a href="http://www.gslc-bsa.org">http://www.gslc-bsa.org</a>

## Online Registration Available for February's Klondike Derby

We're extremely excited to announce that we have arranged for our Scouts to camp at Antelope Island, one of Utahs most popular and interesting state parks.

Average temperature in February is 42 degrees Faherenheit during the day and 25 degrees at night. We expect between six and eighteen inches of snow.

As usual, our Klondike Derby will feature a campfire activity (including skits and songs) on Friday evening; flag ceremony on Saturday morning. We will also offer awesome activity stations and great inter-troop competition Saturday after flag ceremony; the awards ceremony (including troop prizes) will be held just before lunchtime; bonus activities will be available after lunch.

In addition to preformance at specific tasks, troops are scored on decorum and leadership in all activities.

Cost per registrant is significantly lower than previous years at \$6 for Scouts or Scouters. As with previous camps, registration is now available online, so register as early as possible.

Online registration is available at the district's web site at <a href="http://www.gslc-bsa.org/event/2014-indian-springs-klondike-derby/1472692">http://www.gslc-bsa.org/event/2014-indian-springs-klondike-derby/1472692</a>.

### **BSA To Produce New TV Show**

Boys' Life TV Show in Development To Motivate and Energize Teens with Entertainment and Education; the official youth publication of the Boy Scouts of America announces new television show with Big Monster Entertainment.

Irving, Texas (PRWEB) December 19, 2013

Boys' Life magazine, the official youth publication of the Boy Scouts of America, is working with Big Monster Entertainment, LLC to develop an affiliate TV show. The show, called "Scouting Around," will focus on widely popular, fun, and informational subjects covered in Boys' Life, appealing to relevant interests of both male and female teenagers. Three hosts will guide the show across the United States, exploring a variety of subjects and people in an entertaining, modern format.

"We are excited to lead the BSA into the next evolution of its television presence," says Michael Goldman, editorial director of the BSA's three magazines, Boys' Life, Scouting and Eagles' Call. "Bringing Boys' Life into the homes of a new television audience helps us expand the reach of Scouting's fun and values. After all, today's readers — and viewers — are tomorrow's leaders."

Episode topics will cover a wide range of general interests and hobbies, including new tech, gaming, cooking, survival techniques in the wild, and relationship advice, to reach a wide breadth of teens. "Scouting Around" hosts will meet with pro athletes, politicians, entrepreneurs, culinary experts, and more to form entertaining educational segments around their expertise and experiences.

Executive Producers Lloyd Bryan Adams and Rudy Vegliante of Big Monster Entertainment will head production. Adams was also executive producer of "Scouting for Adventure," a Boys' Life TV series that just completed a five-season run on Outdoor Channel.

"I will promise to bring entertainment and excitement to this series," Adams says. "We are now looking for broadcast partners that will share our vision and can realize the immense marketing and advertising opportunities the BSA and Boys' Life can bring to this series."

Big Monster Entertainment's line-up will illustrate and deliver a program to involve teenagers in constructive and exploratory ways.

"I'm proud to be a part of 'Scouting Around; this show is so varied it can't be limited to one specific group of kids or topic," Vegliante says. "I admire the Boy Scouts of America and what it stands for, and I look forward to creatively reaching out to teens of America in a way that will energize and inspire them."

## Minnesota Scout Vows to Sleep Outside for an Entire Year

The following article by Sam Cook appeared in the Duluth News Tribune on 26 December, 2013:

It was bedtime for Rudy Hummel. He pulled on three pairs of pants and four shirts. He walked out into the starry December night and headed for his snow house. This would be his 193rd night in a row sleeping outdoors.

The temperature was 8 degrees.

For Hummel, 17, this would be his 193rd night in a row sleeping outdoors. He started June 7, sleeping on an elevated platform in a copse of balsam fir in his back yard.

"Originally, it was just going to be for the summer," he said. "I thought it would be cool to spend the whole summer sleeping outside."

An outdoorsy kid in an outdoorsy family, he enjoyed dropping off to sleep listening to the owls. He liked waking up to the sound of birdsong and to shafts of sunlight slanting through the balsam boughs. September came, and he wasn't ready to come inside.

"I thought, 'I need something more fun,' " he said.



On his way to bed, Rudy Hummel, 17, of Hermantown walks out to the snow house he built in his backyard. Hummel is sleeping outside every night for a year.

So, he decided to shoot for a full year of sleeping outdoors. When winter came on, he built the snow house. He piled up a mountain of snow, let it set up and then hollowed it out. He finished building his snow house on Dec. 10 and has been sleeping there every night since.

"I've always liked setting goals and making them, challenging myself," said Hummel, who's working toward his Eagle Scout rank. "Another part is, I really like sunrises."

#### Going In

At the tunnel entrance to his back yard snow house, Hummel wriggled through the entrance and crawled atop his pile of bedding on a snow shelf. The place was homey, if

tight. A string of blue Christmas lights was strung across the roof. A tiny Christmas tree — with lights — sat in a corner of the white house. A small rug covered part of the snow floor.

Hummel punched a remote switch, and all of the lights came on. The blue light gave the distinct impression of cold storage, but Hummel knew he would be toasty again that night. Already, he had weathered nights as cold as 17 below zero with no problem. He had his sleeping system down cold.

Beneath him, atop his snow shelf, lay two foam pads, 3 inches of straw, a Therma-Rest foam pad, a thick foam pad and an empty sleeping bag. He would sleep in four sleeping bags topped by a quilt and a blanket.

The snow house smelled like straw, which littered the white floor. In this holiday season, Hummel seemed to be occupying his own Nativity scene.

#### **Scouting Experience**

Hummel loves the snow house, which he learned to build as a Boy Scout here in Duluth. Earlier, when his family lived in Alaska, he had winter camped in snow shelters as part of a Boy Scout winter program. The snow house is a clear upgrade from his platform in the trees, he said, which was getting a little uncomfortable as winter came on.

"I was sick of the tree house," Hummel said. "When it was windy, the snow would blow in. I'd wake up with an inch of snow on me. My quilt would be encrusted with ice."

Even in summer, the tree platform had its challenges. Wind rattled the tarp over his head. Thunderstorms kept Hummel awake some nights.

The snow house, with its foot-thick walls, deadens all sound except that of passing planes, Hummel said. The first night he went inside, he kept hearing a soft tapping that he couldn't figure out. Finally, he identified it.

"That is me blinking," he told himself. "I could hear myself blink."

#### Some Don't Get It

His parents, Mark Hummel and Gail Johnejack, are completely supportive of their son's outside sleeping quest. They are a camping family. They know cold and how to dress for it. They made sure the snow house was constructed safely.

Not that Johnejack hasn't worried a night or two, especially as winter came on. But the family has a photo in a scrapbook from a family camping trip to South Dakota's Badlands. The photo shows Rudy Hummel in a tent, holding a book about rattlesnakes. That was the first night he slept alone in his own tent. He was 5.

It was just a natural progression that he'd want to do this," Johnejack said.

Most of Hummel's friends don't understand his desire to sleep outside for a year. "They think I'm crazy," he said. "They think it's pointless and stupid." He shrugs that off, moves on.

His sister, Heidi, 14, agrees with his friends.

"He's crazy," she said. "I think what he's doing is great, but I like my bed too much." "She has promised, however, to spend one night in the snow house with him.

#### **Positive Outlook**

Hummel, with more than six months of outside sleeping behind him, is fully confident he'll reach his goal. "No matter how cold it is, if I'm wearing enough, I'll be fine," he said.

Lately, he has been thinking about using his sleepingoutside experience to raise money for charity, getting people to pledge so much per night for a good cause. He hasn't quite nailed that down yet, but he's working on it.

Now, it was time for Hummel to sign off. He pulled a stocking cap down until it covered his nose. He slithered into his nest. He flicked off his Christmas lights.

Outside, a full moon shone down on the snow. Holiday lights glittered in the neighborhood.

In the blackness inside his house of snow, Hummel settled in for another silent night.

## **2014** Another Big Year for the Varsity Big Event

The Varsity Big Event is a three day high adventure event held at the Hinckley Scout Ranch (formerly East Fork of the Bear) 12-14 June, 2014 (check-in and setup are available on 11 June).

Boys and leaders participate in activities ranging from shooting shotguns, black powder rifles and 22 rifles to climbing and rappelling and learning mountain man crafts.

There are about 40 different activities, many that the boys won't be able to participate in at any other event. Varsity Teams that attend the Big Event for the first time will be back again and again. Online registration will be available on the Council website, saltlakescouts.org by the first of February 2014.



Indian Springs District Teepee Talk

## Scout Shirts Should Always Be Tucked In, BSA Says

To tuck or not to tuck.

That was the question on the minds of hundreds of parents who have called the BSA headquarters over the past several months.

So there you have it: Tuck those uniform shirts in. Though the official stance is new, the practice is old as the BSA it-

Their query: Does the Boy Scouts of America require uniform shirts to be tucked in? The questions are specifically referring to field uniforms (known to some by the unofficial name "Class A") and not activity uniforms ("Class B").

Problem is there hasn't been an official policy in the past. The requirement was that the uniform-wearer must be



"neat in appearance." Most packs and troops interpreted that to mean tucking the shirts in, but a few didn't.

Now we've got our final answer. Read the BSA's official stance: Effective Oct. 1, 2013, the official stance on the Boy Scouts of America's uniform policy is that shirts are to be worn tucked in, regardless of whether the wearer is a Cub Scout, Boy Scout, Varsity Scout, Venturer or adult Scouter. All Sea Scout uniforms are designed to be tucked in except youth dress whites and youth dress blues.

In the past, guidelines have simply stated the uniform wearer should be neat in appearance. Neatness includes tucking in the shirt. This update will appear in related resources, such as the uniform inspection sheets, as they are revised and printed.

So there you have it: Tuck those uniform shirts in. Though the official stance is new, the practice is old as the BSA itself. Any time you see a Scout wearing a uniform in an official BSA-printed publication, his shirt is tucked in. Just look through the Boy Scout Handbook, Scouting or Boys' Life magazines, a BSA Supply catalog, or any merit badge pamphlet, and you'll see exclusively tucked-in shirts.

Equally important is what's not being said here. The BSA doesn't tell you to wear the field uniform at all times. Many units that conduct a service project or take a weekend backpacking trip will leave the field uniform shirt on the hanger at home. But that's up to you (and your Scouts) to decide.

### **Preventing Scoutmaster Burnout**

Material adapted from Sam Harley's excellent "Avoiding Scoutmaster Burnout" material presented at the Pickett's Mill Boy Scout Roundtable in the Atlanta Area Council BSA.

#### What is "burnout"?

Burnout is a psychological term for the experience of longterm exhaustion and diminished interest.

It is a state of emotional, and mental exhaustion caused by excessive and prolonged stress. You feel overwhelmed and unable to meet constant demands. As the stress continues, you begin to lose the interest or motivation that led you to take on a certain role in the first place.

Most of us have days when we feel bored, overloaded, or unappreciated; when the dozen balls we keep in the air aren't noticed, let alone rewarded. If you feel like this most of the time, however, you may be flirting with burnout.

Common causes include committing too much to too many people. Also, personality traits can contribute to burnout: you may have perfectionistic tendencies ("nothing is ever good enough"), the need "to be in control," or simply a high-achieving, "Type-A" personality.

You as a Scoutmaster or Assistant Scoutmaster are an invaluable asset to your Unit, and its youth. Without people like you many Scouts would never have the enriching experiences that they get in Scouting.

help these Scouts.

As a result it is important every once in awhile to take a Most importantly, remember to share responsibilities and the wonderful qualities that you have, which make you to worry about. such an asset to these young people.



Scoutmaster and his assistants of all duties not directly devote 100% of their attention to the scouts, the committee deals with infrastructure, paperwork, re-chartering, and the like.

The Troop Committee's primary responsibilities are supporting the Scoutmaster in delivering a quality troop program and handling troop administration.

and COR about your needs and concerns. Be sure to un-help from among the parents and others. "

It is important to realize that you are only human and derstand the resources your committee and sponsoring have limits. If you exceed your limits, there is the danger organization have to offer you. Plan ahead to avoid the that you may become unable or limited in your ability to trap of "just doing it myself because it's easier". Be flexible enough to share leadership.

little time just for yourself and assess how you are doing leadership with the Scouts, the youth. It is their program and whether you should be making changes to retain all and some of the concerns you are bearing are really theirs

In the Old Dominion District of the National Capital Area The first group to turn to for help is your Troop Com- Council BSA, troops have adopted the "Scoutmaster-Inmittee. A primary goal of the committee is to relieve the Charge" concept: all event decisions are delegated to the Assistant Scoutmaster in charge of any particular event. Decisions such as cost, destination, start times, and even program, can be decided by the Assistant Scoutmaster running the event, without need for prior approval by Committee or Scoutmaster. The "Event Scoutmaster" is truly the Scoutmaster In Charge.

> Having many assistant scoutmasters (plus personal authority) has resulted in a breadth and commitment impossible to achieve with a single leadership model.

> While this experiment may tend to concentrate event leadership with adults and not with the Scouts themselves, it is interesting to note that the burden for youth mentoring and adult guidance is shared amongst the Scoutmaster and his assistants rather than focused on one person only.

#### Other suggestions from Scouters across the country:

"In my several years of Scouting one of the traits I have seen in a Scoutmaster that I admire is the ability to delegate and follow the Scouting program as it is laid out in writing. A Scoutmaster with this skill makes every effort not to overload any adult (especially himself) to the point of burning out ."

"I believe the Scoutmaster has enough to do if he focuses on managing the patrol leaders' council and the boys. All related to interacting with the scouts. While they strive to the other tasks...finances, tour permits, advancement recording, etc. should be jobs for assistant scoutmasters or committee members."

> "Delegating those things you like least, while concentrating your efforts on those things you like most, certainly will help improve your disposition."

"I can only recommend highly, based on my own experienc-As a Scoutmaster (or one of the assistant Scoutmasters), es, that you your patrol leaders' council, and your troop you need to communicate clearly with your committee *committee chair meet and discuss the need to recruit more* 

## UTAH BSA SUMMER CAMP OPTIONS 2014

(All camps listed below are either within the state of Utah or within three driving hours of Woods Cross/Bountiful/North Salt Lake)

Scout Camp	Council	Cost per Scout	Cost per Adult
Hinckley Scout Ranch	Great Salt Lake	\$140 with own food, \$220 with dining hall	\$15 with own food, \$95 with dining hall
Bear Lake Aquatics Base	Great Salt Lake	\$140 with own food, \$220 with dining hall	\$15 with own food, \$95 with dining hall
Camp Steiner	Great Salt Lake	\$140 with own food	\$15 with own food
Aspen Ridge	Trapper Trails	\$127* with own food, \$206* with commissary service, \$230* with dining hall	\$15 with own food, \$79 with commissary service, \$93 with dining hall
Camp Bartlett	Trapper Trails	\$127* with own food, \$206* with commissary service, \$230* with dining hall	\$15 with own food, \$79 with commissary service, \$93 with dining hall
Camp Hunt	Trapper Trails	\$127* with own food, \$206* with commissary service, \$230* with dining hall	\$15 with own food, \$79 with commissary service, \$93 with dining hall
Camp Loll	Trapper Trails	\$127* with own food, \$206* with commissary service	\$15 with own food, \$79 with commissary service
Camp New Fork	Trapper Trails	\$216* for commissary breakfast and lunch, dining hall dinner	\$104 for commissary breakfast and lunch, dining hall dinner
Maple Dell	Utah National Parks	\$193* with own food, \$268* with commissary service	\$15 with own food, \$90 with commissary service
High Uintah Scout Camp	Utah National Parks	\$139* with own food	\$15 with own food
Scofield	Utah National Parks	\$179* with own food, \$264* with dining hall	\$15 with own food, \$100 with dining hall
Thunder Ridge	Utah National Parks	\$179* with own food, \$254* with commissary service	\$15 with own food, \$90 with commissary service
Blue Mountain	Utah National Parks	\$139* with own food	\$15 with own food
Tifie Scout Camp	Utah National Parks	\$193* with own food, \$278 with dining hall	\$15 with own food, \$100 with dining hall

<sup>\*</sup> includes \$15 out-of-council registration fee

	American Heritage	Archeology	Archery	Art	Aviation	Backpacking	Basketry	Bird Study	Camping	Canoeing	Chess	Citizenship	Climbing	Communications	Cycling	Electronics	Emergency Prep	Environmental Science	Fingerprinting	Fire Safety	First Ald Fish & Wildlife Memt	Fishing	Fly Fishing	Forestry	Geocaching	Hiking	Horsemanship	Indian Lore	Insect Study	Kayaking	Leatherwork	Lifesaving	Mammal Study	Metalwork	Motorboating	Oceanography	Orienteering	Personal Fitness	Photography	Pioneering	Plant Science	Public Health Pulp and Paper	Radio
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