

BSA Climbing Instructor Course

April 9th, 11th & 12th

Cost: \$80

(Must attend all sessions to qualify)

Registration: Registration will be handled through the Council Climbing Committee. Contact Slater Wayment at 294-6234 or email at kellyslater42@msn.com.

Requirements:

- **Completion of the requirements of the Climbing merit badge (mandatory).**
- **Completed Class 2 or 3 Medical Form (mandatory).**
- **CPR and basic first-aid certifications (mandatory).**
- Note pad and pen/pencil.
- Dinner will be provided Friday evening. Participants will need to provide lunch for Friday and Saturday.
- Harness, helmets and belay/rappel equipment will be available if you do not have your own.
- If you want to use rock shoes please bring your own or rent from REI or Black Diamond.
- Sturdy gloves and clothing appropriate to climbing.
- Personal gear appropriate to the activity, i.e. small pack, water bottle etc.
- The staff will provide rope and rigging equipment.

Course Description:

Becoming a certified BSA Climbing Instructor opens the world of climbing to you and your unit providing new challenges for your young men.

This is a fun and challenging course for adults 18 years and older who are associated with BSA and wish to work towards becoming a certified BSA Climbing Instructor. It is an intensive three day class combining both classroom study and practical application of the individuals climbing abilities in the field. This course does require individuals to be able to climb and a reasonable level of physical fitness is necessary. Class size will be limited and pre registration is required. Attendance at all three days and completion of the CPR and first-aid certifications are mandatory for successful completion. We will cover the following:

- How to teach climbing and rappelling
- BSA guidelines related to climbing and rappelling
- How to supervise and administer the technical aspects of a climbing or rappelling activity.

This course presumes you have a solid foundation in the fundamentals of climbing covered by the Climbing merit badge. These include: basic climbing knots, belay and rappel techniques, basic understanding of rigging and equipment care.

Course Schedule:

Upon registering for the course you will receive some BSA climbing training materials that you will need to bring with you to class as well as preparatory assignments to be completed and brought with you to Thursday's session. This preparation will ensure that we can cover all the material in this compressed training schedule.

Wednesday Evening – Salt Lake REI 3285 E. 3300 S.

5:00 - Check in and pre-course evaluation

5:30 - 9:30 Classroom session

Friday - Big Cottonwood Canyon

8:00-12:30 Outdoor classroom session

12:30-1:00 Lunch

1:00-6:00 On rock practice

6:00-9:00 Dinner and classroom session at REI

Saturday - Big Cottonwood Canyon

8:00-10:00 Review and written exam

10:00-12:30 Skills evaluation

12:30-1:00 Lunch

1:00-5:00 On rock testing

Please direct questions about the course to:

Chris Harmon - geckobiker@att.net

Slater Wayment – kellyslater42@msn.com